



FELLOWSHIP SQUARE HISTORIC MESA

COVID-19 Independent Living Resident Update 7-7-2020

Tracey Biggerstaff, Marketing Director for Fellowship Square Historic Mesa and Oasis took over updating residents on Channel 1960 and the weekly update. She changed the format, making it easier to read and find information that is needed. Thank you Tracey for stepping up!

Covid -19

Arizona COVID numbers continue to rise but most concerning is that hospital bed availability is shrinking. As a result, we have pushed the pause button on opening up any more Independent Living services. We stay current with guidelines provided by the CDC, AzDHS and Maricopa County Health Dept. We will continue to monitor and evaluate all of this information and if needed, we may have to pull back on some services. We continue to advise residents who are concerned to call their primary care doctor for information and direction on their health care.

Self Quarantine: We continue to advise residents to stay home and self-quarantine for 14 days if any of the following apply:

- 1) they have a fever or respiratory symptoms
- 2) they are told to by the health care provider that they should self-quarantine
- 3) they test positive for Covid-19 or have been tested and are awaiting results
- 4) they go to a high risk location like a hospital or emergency room

What happens if a resident tests positive? Residents who test positive are asked to inform Security so that we can institute our quarantine protocols. It is the responsibility of the testing site to contact Maricopa County Department of Health and they will do contact tracing, however we also ask the resident who they may have been in close contact with so that we can inform them and request they get tested.

How can you get a test? Residents should contact their primary health care provider for information on testing if they are concerned. Testing is available locally at FastMed urgent care and CVS. Residents may call life enrichment for transportation information to testing sites.

How many cases in our Fellowship Square Historic Mesa Community?

As of July 7, 2020 we have one known confirmed COVID positive in our Independent Living who is not on campus plus one staff member still in quarantine as of today. Two have completed the quarantine period. We have tested 31 staff members all negative – praise God.

Reminder to wear face coverings: City of Mesa and Maricopa County Facemask requirement – Residents, Staff and Visitors must wear a facemask or cloth face covering anytime social distancing is not possible. Residents, visitors and staff are reminded to adhere to the requirement within our community.

Regarding our community's next normal:

- While we are not lifting ALL our restrictions at this time, expansion of our phased in approach is on hold. We have intentionally not given dates to the phased in opening plan so that we can monitor the community spread and adjust accordingly. Again we may have to stall or pull back on services and access as the situation warrants.
- **Here is the latest update and recap of Phases I-III:**
 - East/West gates remain locked for a variety of safety concerns. Residents can freely leave and enter main gate on Brown road.
 - Pool restrictions and small group activities expanded June 15th to 6 in the pool with 3 time slots M-F and 6 in small group activities. Reservations required. CDC recommends social distance and CLEANING – these recommendations are being followed.
 - Nonessential visitors were welcomed back with precautions on June 10th – wearing a mask, to apt only and a brief health screen. Now family/friends can make deliveries of packages or groceries to your door! Please limit your visitors for your safety and others.
 - Package service delivery to your door restarted on June 15th.
 - With the grocery and package delivery changes, we have been able to resume twice monthly housekeeping.
- **What is not changing just yet**
 - NO Guests in common areas (pool, dog parks...)
 - Meal service will continue with delivery only.
 - Gyms are not open at this time due to Gov. Order.
 - No transportation except for individual essential medical appointments and essential shopping.
 - Group programs in gym not available, channel 1960 programming continues.
 - Community rooms and common areas open to scheduled activities only
 - Enhanced cleaning and disinfecting of common areas
 - No volunteer lead programs – only staff
 - Resident communications will continue to be delivered to apartments.
 - Country Store Deliveries will continue Monday – Friday 10-2
 - Grand beauty shop open by appointment only with precautions

One more important topic - For at least the next 7 days, Phoenix forecasted temperatures are expected to reach 110 - 116 degrees. These extreme temperatures are dangerous for everyone but especially seniors. Please stay inside as much as possible and try to limit any necessary outdoor activity to the morning hours.

*Did you know that by the time you feel thirsty you are probably already dehydrated? **Remember to DRINK PLENTY OF WATER!***

We promise to be transparent and forthcoming, as situations develop and change. Updates will continue to be communicated in a timely manner via hand delivered notices and on Channel 1960.

Please ask your family members to continue to watch our website and Facebook page for these updates. Have a blessed week and stay well!

