



## **September 1, 2020 Independent Living Community Update**

**Covid -19:** As always, we stay current with guidelines provided by the CDC, AzDHS and Maricopa County Health Dept. We will continue to monitor and evaluate all of this information and adjust as appropriate. The good news is that Arizona numbers are continuing to show improvement which allows us to get ready for the expansion of some services.

As we plan for this expansion, please know that we remain committed to helping reduce the spread of COVID-19 within our senior living community. Residents, staff and visitors must wear a facemask or cloth face covering anytime social distancing is not possible. Staff and visitors are required to symptom screen each day upon arrival to our community. Residents are health screened each time they enter the office or use our transportation service. Staff are continually trained to follow infection control protocol. We cannot guarantee our efforts will keep residents from contracting the virus, however please know that our number one priority continues to be the health and safety of our residents and staff.

### **FREQUENTLY ASKED QUESTIONS:**

#### **How many cases in our Fellowship Square Historic Mesa Community?**

Currently we have one resident with confirmed COVID positive among our Independent Living residents who is quarantined on campus. Any other previously reported cases have completed their quarantine period.

The Oasis remains Covid-free at this time and there are no known staff cases at this time. Staff wear masks and are trained to follow protocol to ensure the safety of residents.

**How can you get a test?** We recommend you call your primary care provider if you are concerned and want to get a test. Testing is available locally at FastMed urgent care and CVS. Residents may call life enrichment for transportation information to testing sites.

In addition, Dispatch Health can come do Covid-19 testing. They only do the nasal swab test with results expected in 2-6 days. They encourage you to check with your insurance company to verify coverage.

**What happens if a resident tests positive?** Residents who test positive are asked to inform Security so that we can implement our quarantine protocols. It is the responsibility of the testing site to contact Maricopa County Department of Health and they will do contact tracing, however we also ask the resident who they may have been in close contact with so that we can inform them and request they get tested.

**Self Quarantine:** We continue to advise residents to stay home and self-quarantine for 14 days if any of the following apply:

- 1) they have a fever or respiratory symptoms
- 2) they are told to by their health care provider that they should self-quarantine
- 3) they test positive for Covid-19 or have been tested and are awaiting results
- 4) they go to a high risk location like a hospital (unless they come back with a negative test)

**When can our community get back to normal?** This week I have something different to say on this topic – We are getting ready to go back to a modified version of dine in service in both the Center and Grand dining rooms. The plan is in progress and our target date is September 8<sup>th</sup>. We will share more information on this just as soon as possible but since we know how important and how missed socialization at meal time is, we couldn't wait to share this bit of news with you.

**Here is where we remain as of today:**

- East/West gates remain locked.
- Small group activities continue for up to 6 residents at a time. Please refer to the Activities calendar that was delivered to your door.
- Swimming pools – currently 3 time slots available M-F and Saturday for all pools.
  - Reservations for swimming and other activities are required through Life Enrichment.
- Nonessential visitors are welcome but are required to wear a face covering, conduct a brief health screening and only go to the apartment. Your visitors are encouraged to make deliveries of packages and groceries to you but try to limit the number of visitors to reduce exposure.
- Package service delivery from outside carriers to your door resumed on June 15<sup>th</sup>.
- Housekeeping is back to full service – twice per month.

### **What is not changing just yet:**

- NO Guests in common areas (pool, dog parks...)
- Meal service will continue with delivery only.
  - **Watch for more news on this in the next few days as we plan for a transition to modified dine IN service.**
- Gyms are not open at this time **however we are making plans for a reopening in the near future.** In the meantime, please watch channel 1960 for exercise instruction with Matt.
- No transportation except for individual essential medical appts and essential shopping.
  - **New: We will be adding transportation to banks on Fridays only. Limited spots available by reservation. Health screening required.**
- Community rooms and common areas open to scheduled activities only
- Enhanced cleaning and disinfecting of common areas
- No volunteer lead programs – only staff
- Resident communications will continue to be delivered to apartments.
- Grand beauty shop open by appointment only with precautions

**Country Store:** Deliveries are twice per week – Mondays & Thursdays for the Grand/west side and Tuesdays & Fridays for the Center/east side. Residents may continue to place their orders at any time and they will be fulfilled on the next scheduled delivery day.

**Elevator L:** The elevator is undergoing some maintenance. In the meantime, please use the elevator located at the corner of buildings J & K.

**Water Meter Work:** Unfortunately, the City of Mesa water meter work continues with a planned shut off for this evening, September 1<sup>st</sup>, for the Center side from 10 pm to approximately 2 am.

**Heat Advisory:** Temperatures remain dangerously hot outside so please stay inside as much as possible and try to limit any necessary outdoor activity to the morning hours. Remember to DRINK PLENTY OF WATER!

We promise to be transparent and forthcoming, as situations develop and change. Updates will continue to be communicated in a timely manner via hand delivered notices and on Channel 1960.

Please ask your family members to continue to watch our website and Facebook page for these updates. Have a blessed week and stay well!