

OASIS ASSISTED LIVING & REFLECTIONS MEMORY CARE UPDATE

October 8, 2020

From Mary Farris – Assisted Living Manager

We know that you have missed seeing your loved ones during this pandemic so we are happy to announce that we will be able to allow a modified visitation with your loved one. It is very important that we are consistent with the Arizona Department of Health Services newest guidance issued. We want to provide the opportunity for you to interact with your loved one in a responsible and safe manner.

Effective **October 8, 2020** we will allow visitation with residents when the following conditions are met:

- Maricopa County community spread level of COVID-19 is at moderate or minimal as determined by the Arizona Department of Health Services AND there is no outbreak (defined as two or more laboratory-confirmed COVID-19 cases among residents or staff) in previous 14-day period.

CURRENT SPREAD LEVEL FOR MARICOPA COUNTY IS MODERATE.

- Designated Essential Visitors:
 - **Each resident is able to designate 1 (one) essential visitor that must meet the following requirements:** (Memory Care visitors will utilize dining space for visitation at this time.)
 - Must present documentation of a negative COVID test (either PCR or antigen) on the following test intervals:
 - § Minimal (Percent Positivity <5%): Once a month.
 - § Moderate (5% - 10%): Once a week.
 - § Substantial (>10%): Twice a week.
 - Must sign an initial attestation that they will avoid attending large gatherings in between testing and visitation.
 - Must attest on each visit that they are free from symptoms.
 - Must be at least 18 years of age.
 - 48 hour notice must be provided to change listed essential designated visitor.

Visitor Requirements (For every visit):

1. Masks/facial coverings are required at all times.
2. Visitors must have a temperature reading below 100.4 degrees to visit.
3. Visitors will be asked if they have experienced any signs of illness in the last 24 hours and if so they will not be permitted to visit.
4. Visitors and residents will maintain social distancing of 6 feet while visiting.
5. Visits are limited to 15 minutes or less in residential living spaces.
6. Visitors will not use patient facilities/restrooms.

45 – Minute INDOOR Visits are by appointment only. Please call Mary Farris at 480-840-4560.

- 45-minute indoor visits are limited to one (1) visitor at a time in the designated area only.
- Appointments are subject to cancellation depending on the status of community and facility benchmarks.
- Visits will be limited to a designated visitation area and will not be allowed in the resident's room.
- Visitors will be required to provide confirmation of a negative COVID test less than 48 hours old and sign an attestation that they have isolated in the time between when the test taken and the visit.

Outdoor visits may be arranged based on outdoor temperatures being safe according to the resident's treatment plan and individual medical condition and staff availability. These visits are limited to 45-minutes and must follow all listed requirements listed below.

We will continue our current **visitation room visits** that will NOT require the negative COVID-19 test only a short set of questions will be answered. You may schedule a visit time by calling Mary Farris at 480-840-4560.

- Visitors in all areas must:
 - Be symptom free; see symptom list below,
 - Wear a mask, one will be provided if needed
 - Social distance at least 6 feet during visit.
 - Have a temperature check before entry and must be below 100.4 degrees.
 - Use hand sanitizer upon entry
 - Sign the visitation schedule for contract tracing purposes.

Visiting Hours:

- Window visit – 9am – 5pm
 - Indoor visit (lobby) 9am – 5pm *Must be scheduled with Mary
 - Designated Visitors (Should schedule with Mary)
 - M – F 7am – 10am & 2pm – 5pm
 - Sat - Sun 10am – 2pm
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- Staff will continue to have brief health screening including temperature check, required to wear face mask and do enhanced cleaning and sanitation of the facility where the visit occurs.

 - Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

Your patience and cooperation is appreciated as we work through the process of safely providing visitation with your loved one.

For more information regarding our community and COVID-19 please see our website:
<https://www.fellowshipsquareseniorliving.org/campus/az/historic-mesa/covid-19-updates/>